

**We can help
you get there:**

High School **College**

Driver's License

Web Designer **Wife**

Entrepreneur

Doctor **Writer**

Artist

Nurse

Parent **Husband**

Medical Transcriptionist

Graduate School **Scholarship**

And More...

**Sickle Cell Disease
Foundation of California
Staff**

We're here to serve you...

Mary E. Brown: *President & CEO*

Deborah Green: *Program Administrator*

Roger Brown: *Director of Development &
Public Affairs*

Mary Carro: *Special Projects Manager*

Peter Grams: *Case Manager/Social Worker*

Erin Rogers: *Social Work Associate*

Mieko Brown: *Program Assistant*

Sylvia Pichardo: *Administrative Assistant*



**Sickle Cell Disease
Foundation of California**

6133 Bristol Parkway, #240
Culver City, CA 90230

Tel: (310) 693-0247 or toll free (877) 288-2873

Fax: (310) 693-0266

Email: info@scdfc.org

www.scdfc.org

**Where will
you be 5 years
from now?**



LifeSteps

For Youth and Young Adults with
Sickle Cell Disease

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What is LifeSteps?

LifeSteps is a new program designed to help pre-teens, teens and young adults prepare for life as an adult with sickle cell disease. During the program, we will help participants to:

- Learn life skills
- Meet educational goals
- Prepare for work or college
- Transfer to an adult medical center
- Care for their health as they get older
- Meet new friends, *and much more!*

What will we do?

There are many activities that form part of the LifeSteps Program. These include:

- Annual Weekend Retreat
- Workshops
- Social events
- Open learning center & computer lab
- Individualized attention to meet your goals



If you have questions or would like more information, just give us a call.

Who may attend?

Anyone between the ages of 11 and 25 years old with sickle cell disease may attend. Activities are arranged age group, so you will always be with others within your same age range.

Parents will have their own activities, too!



How do I sign up?

To sign up for the LifeSteps Program, you will need to fill out a registration form. You can get a registration form from your sickle cell medical center or from the Sickle Cell Foundation of California by calling

(310) 693-0247 or toll free (877) 288-2873.



After you fill out the registration form, simply mail it back to us at 6133 Bristol Parkway #240 Culver City, CA 90230.

You may also fax it to us at (310) 693-0266.

How much does it cost?

The LifeSteps Program is FREE! There are no charges to participate in this program, except for a small registration fee for the weekend retreat.

The LifeSteps Program is funded by a grant from The California Endowment. Because of this generous grant, the Sickle Cell Disease Foundation of California is able to bring you this program at such a low cost.

Space is limited. Register now!

**For more information or
To receive a registration form,
contact us at:**

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